Is Your State Reopening?
Know the Rules!

States throughout the U.S.A. are reopening.
Become familiar with state/county rules.

- If you feel ill, stay home - contact your health care provider
- Read information and signage - follow the rules
- Maintain social/physical distancing
- Follow social distancing markers
- Observe rules for maximum group capacity
- Avoid crowded places
- Wash hands before putting on face mask/covering
- Wear a clean face mask/covering that fits well
- Avoid touching your eyes, nose, mouth, or face
- Use touchless payment if possible
- Clean your hands when in contact with high touch surfaces
- Hands may be cleaned with soap and water or sanitizer or hand wipes
- When shopping, wear gloves or disinfect the shopping cart with wipes if available
- Stay calm and be respectful

When you return home:
- Wash your hands with soap and water for at least 20 seconds
- Wash hands after removing your mask
- Wash face mask/covering every 1 - 2 days with soap and water, let dry
- Surface cleaning wipes are designed to clean surfaces, not your hands

Sources: CDC, National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases
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