Cleaning and Disinfecting
High Touch Surfaces

Many surfaces inside your home are frequently touched by household members throughout the day. These are called ‘High Touch Surfaces.” You can limit the transmission of dirt, bacteria, and viruses by following a daily routine. COVID-19, which is caused by a virus, requires cleaning and disinfecting practices to make your home a healthier place. High touch surfaces in your home can vary depending on the items in your home and the daily routines of household members.

Cleaning, Sanitizing, and Disinfecting:
Select the right product to clean, sanitize, or disinfect. Cleaners remove surface dirt and foreign substances. Sanitizers eliminate some bacteria and viruses. Overall, disinfectants eliminate most bacteria and viruses. When buying disinfectants, look for an EPA registration number. Don't assume a product disinfects unless it is printed on the label. Always follow directions on labels and store cleaners safely.

Tips for Success:
Start by washing hands with soap and water and assemble cleaning supplies. Protect skin with a long sleeve shirt, long pants, closed toe shoes, eyewear, and non-latex gloves. Leave the product on the surface wet for the recommended time; this is called contact (dwell) time and usually lasts 3 to 10 minutes. Then, wipe then surface dry. Remember, clean surfaces first to remove surface dirt, then apply disinfectant.

GENERAL
Light switches and plugs
Handrails
Door handles
Trash cans
Ceiling fan and lamp pull chains
Buttons and knobs
Cords
Electrical outlets
Appliance handles

ENTRANCES & EXITS
Handles and locks
Storm and exterior doors
Door mats and rugs
Doorbells
Garage doors/openers
Keys and key chains/fobs
Touchpads
Mailbox
Windows

Effective October 2020
FAMILY/LIVING/GAME ROOM
- Remotes
- Game controllers
- Toys
- Electronics
- Consoles
- Exercise equipment

KITCHEN
- Countertops
- Faucets, sinks, & sink strainers
- Stovetops and oven
- Microwave oven
- Refrigerator/Dishwasher
- Coffee maker
- Doors, Cabinets and Drawers
- Paper towel dispenser
- Trash can and lid
- Lunch boxes/bags
- Pet feeding areas and accessories

BEDROOMS
- Tops of vanities, bureaus and bedside tables
- Alarm clock
- Closet door and bureau handles
- Shelves
- Hamper
- Bedding (weekly)

HOME OFFICES
- Desktops
- Drawers/bins and handles
- Chair back and armrests
- Laptops/computers
- Keyboard and Mouse
- Printer/scanner
- Scissors/hole-punch
- Calculators
- Backpacks

BATHROOM
- Toilet
- Sinks & faucets
- Countertops
- Mirror
- Bathtub/shower and handles
- Dental appliances
- Hair care appliances/products
- Medicine containers

DINING AREA
- Tabletop
- Chairs/stools

LAUNDRY ROOM
- Washing machine
- Dryer
- Iron
- Laundry baskets

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